



October 2020 Elementary Breakfast Menu

				Thursday 10/1	Friday 10/2
All meals come with choice of fresh fruit or 100% juice and choice of milk				Honeybun with Orange Delight Smoothie	
				Cereal with Orange Delight Smoothie	
Monday 10/5	Tuesday 10/6	Wednesday 10/7	Thursday 10/8	Friday 10/9	
Frudel	Combo Bar with Cinnamon Bun	Berries & Cream Strudel with Yogurt	Sausage & cheese sandwich	Pancakes	
Honeybun	Cereal with Cinnamon Bun	Cinnamon Roll with Yogurt	Cereal with String Cheese	Pop Tarts (2)	
Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16	
Cinni Minis	Breakfast Tornado with Cinnamon Bun	Donut Holes with Yogurt	Honeybun with Grape Berry Smoothie	Ham & Cheese Sandwich	
Apple Farmer's Bread	Cereal with Cinnamon Bun	Honeybun/French toast Goldfish with yogurt	Cereal with Grape Berry Smoothie	Pop Tarts (2)	
Monday 10/19	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23	
Frudel	Combo Bar with Cinnamon Bun	Mini Waffles with Scrambled Eggs	Sausage & cheese sandwich	Cinnamon Texas Toast	
Apple Farmer's Bread	Cereal with Cinnamon Bun	Cereal with Scrambled Eggs	Cereal with sausage patty	Pop Tarts (2)	
Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30	
Cinni Minis	Egg & Cheese sandwich	Cornbread Bowl with yogurt	Honeybun with Orange Delight Smoothie	French Toast with Scrambled Eggs	
Honey & Almond Oatmeal	Cereal with Cinnamon Bun	Poptart	Cereal with Orange Delight Smoothie	Cereal with Scrambled Eggs	

This menu is subject to change at any time

This institution is an equal opportunity provider.