



Pocatello High School



Weekly Announcements

September 21st – September 26th 2020

Clubs/Activities

Picture retakes will be Friday, September 25th and Monday, September 28th.

FCCLA will be having a meeting on sept 29th for "B" day students and the 30th for "A" day students. The meeting will be during lunch, so grab your food and come see what FCCLA is all about. The meetings will be in Mr. Smith's room, A-11.

The FCCLA is selling jerky. There are 13 different flavors to choose from and only \$1 each. We also are selling scrunchies and vinyl Poky stickers. Scrunchies are \$1 and Stickers vary depending on size and cutout. We can also do custom cutting.

Poky Nation will be selling Beanies - they are red with blue and white lettering POKY NATION. Beanies are \$10. Come see Mrs. Call in room 114.

Students that would like to be kept up to date on the Human Rights Club and our clubs activities and information may see Mr. Phelps in room A12 in the Art Department or join the club on the Remind app by texting @phshrc1 to 81018

September 21-25 is homecoming week this year. Student government is working hard to make it a great homecoming celebration that is covid safe and fun. Please refer to the homecoming schedule that was previously emailed out for all activities dates and times.



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Sports

Monday, September 21 <i>No events scheduled</i>			
Tuesday, September 22			
4:30 PM	Boys V/JV Soccer	Century High School <i>Century HS</i>	Home
4:30 PM	Girls V/JV Soccer	Century High School <i>Century HS</i>	Away
5:30 PM	Girls Freshman Volleyball	Century High School <i>Century HS</i>	Home
5:30 PM	Girls JV Volleyball	Century High School <i>Century HS</i>	Home
7:00 PM	Girls Varsity Volleyball	Century High School <i>Century HS</i>	Home
Wednesday, September 23 <i>No events scheduled</i>			
Thursday, September 24			
4:30 PM	Boys V/JV Soccer	Preston High School <i>Preston HS</i>	Away
4:30 PM	Girls V/JV Soccer	Preston High School <i>Preston HS</i>	Home
4:30PM	Boys Freshman Football	Idaho Falls High School <i>Idaho Falls HS</i>	Away
5:30 PM	Girls Freshman Volleyball	Shelley High School <i>Shelley HS</i>	Home
5:30 PM	Girls JV Volleyball	Shelley High School <i>Shelley HS</i>	Home
7:00 PM	Girls Varsity Volleyball	Shelley High School <i>Shelley HS</i>	Home
Friday, September 25			
7:00 PM	Boys Varsity Football	Idaho Falls High School <i>Idaho Falls HS</i>	Home
Saturday, September 26			
10:00 AM	Boys-Girls V/JV Cross Country OPEN Jackson Hole Invitational		Away



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Breakfast Menu

<p>*Honey Bun (1G) w/ (4 OZ Yogurt) (1 M)</p> <p>*Frudel (2 G)</p> <p>*Egg and Cheese Breakfast Sandwich 2.5 G</p> <p>Choice of Fresh Fruit, 100% Juice</p> <p>Choice of Milk</p>	<p>*Cinnamon Texas Toast (2G)</p> <p>*Peachy Keen Smoothie w/ everything (1Fruit)</p> <p>*Apple Cinnamon Farmers Bread(2G)</p> <p>*HEC Sandwich (2.5 G)</p> <p>Choice of Fresh Fruit, 100% Juice</p> <p>Choice of Milk</p>	<p>*(1 EACH)Cereal (1 G) w/Cinnamon Bun(1.25 G)</p> <p>*Breakfast Tornado (1.25 G) & (.75 M) w/Cinnamon Bun(1.25 G)</p> <p>•</p> <p>Choice of Fresh Fruit, 100% Juice</p> <p>Choice of Milk</p>	<p>*Mini Cinnis (2G)</p> <p>* (3 ea.) Donut Holes (1 G) Honey almond Oatmeal (1 G)</p> <p>* Cinnamon Bun (1.25 G) Combo Bar (0.5 G 1 M)</p> <p>Choice of Fresh Fruit, 100% Juice</p> <p>Choice of Milk</p>	<p>*PopTarts (2 pk) (2.25 G)</p> <p>*(1 EACH)Cereal (1 G) w/ (4 OZ Yogurt) (1 M)</p> <p>*Strawberry Smoothie w/everything (1 Fruit)</p> <p>• SEC Sandwich (2.5 G)</p> <p>Choice of Fresh Fruit, 100% Juice</p> <p>Choice of Milk</p>
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Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza	Pizza		Homemade	Homemade
Sunchips	Tater Tots		Banana Bars all meals	Banana Bars all meals
3.25 Grain	2 Grain			
2 M/MA	2 M/MA			
Cheeseburger		Cheeseburger	Pizza	Galaxy Pizza
Sunchips	Burrito	Doritos	Tator Tots	2.0 Grain
	Tater Tots			2.0 M/MA
3.25 Grain	2.0 Grain	3.5 Grain	Spicy Chicken w/ Mozz	Pulled Pork Sandwich
2.5 M/MA	2.0 M/MA	2.5 M/MA	Sandwich	w/ Cheese
Calzone	Chicken Burger		Tator Tots	2.0 Grain
Sunchips	Tater Tots			2 M/MA
3.25Grain	3.0 Grain		3.0 Grain	Tri-Patties w/all meals
2.0 M/MA	2.0 M/MA		2.5 M/MA	
Sweet-n-Sour Chicken	Chicken Stacks		Walking Taco	Breakfast Burrito
3 oz.Chick/ 3 oz. Sauce	T-Roll		Refried Beans w/cheese	Tri- Patties
Brown Rice-3/4 cup	3.0 Grains			
Mixed Vegies	2 M/MA		2.0 Grain	2.0 Grain
Garlic Toast			3.75 M/MA	3 M/MA
2.5 Grain				
2.0M/MA				
Turkey Wrap	Chicken Caesar Salad		Walking Taco	Fruit Bowls w/yogurt
Sunchips	Garlic Breadsticks(1 or 2)			Corn Bread Bowl
	Croutons 1/2cup or 1 cup			
3.25Grain	2.0 Grain		2.0 Grain	2.0 Grain
M/MA	2.5 M/MA		3.75M/MA	2 M/MA

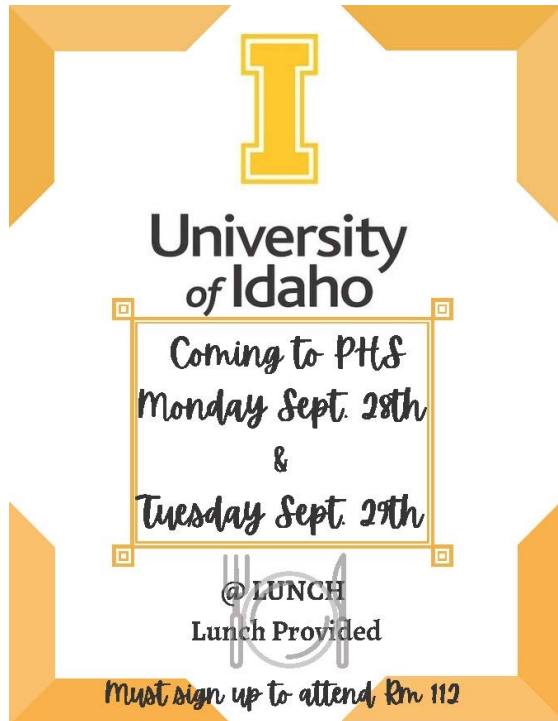
USDA Waiver has made all students free until Dec 31st for Breakfast and Lunch. Come and eat for free save your money !!! We would love to feed you.



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COLLEGE & CAREER



University of Idaho is coming to visit,
Monday, Sept 28th and Tuesday 29th.

SENIORS: We have a Google Classroom. To show you how to do Apply to colleges,
scholarship information and so on.

<https://classroom.google.com/c/MTYwOTc4NDY5NTky?cjc=2stz4xk>.

Class code: [2stz4xk](#)



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Next Steps Idaho Virtual College Fair September 29 & 30 - October 1

Help students & colleagues register for the Next Steps Idaho Virtual College Fair! Open between the hours of 8:00 AM and 8:00 PM (MDT). Parents are welcome too!! Registering allows attendees to download information and/or promotional materials into a virtual "swag bag." After the fair ends, registrants will be able to view all recorded webinars or videos on-demand during the entire month of October.

Register at <https://nextstepsidahocollegefair.vfairs.com/>

Students can look forward to:

- Eleven Idaho colleges & universities
- A scavenger hunt
- Financial aid introduction
- Various 10-minute webinars
- Student-perspective info-vids for most schools
- Chat with real admissions experts
- Next Steps Idaho sparkplug; visit this booth to get started

***If you, your high school/employer, or your students share this on Facebook or Twitter



please remember to tag @NextStepsIdaho.***

**Apply Idaho
SENIORS...IT'S THAT TIME!!!
Yep, that time to apply to college!!!**

Applying to College Made Easy

In addition to all Idaho public colleges, students can apply to the College of Idaho and Northwest Nazarene University. Visit the Idaho Colleges Directory for information about Idaho's public institutions.

Apply Idaho can only be used by students who graduate in the Spring of the current year. Students who graduated high school in any other year must refer to each institution's individual website and apply directly with the school there.

To use Apply Idaho, students will need:



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To know their full legal name

To know their permanent address

To know their EDUID number (ask a counselor if unsure)

To have a personal email address (not associated with a high school)

All Idaho seniors (attending public and charter high schools) should have received a Direct Admissions letter in the mail, telling them which of Idaho's public colleges and universities have accepted their test scores and GPA as meeting the criteria for admission. Students who wish to take advantage of the direct admissions offer can use Apply Idaho to submit application materials to one or more of Idaho's colleges and universities.

In addition to submitting the application materials, all students are encouraged to fill out the FAFSA, as soon as possible after it opens on October 1st.

DEADLINE: OCTOBER 30TH (We need time to send out the transcripts to the schools you applied to)

<https://apply.nextsteps.idaho.gov/>

<https://youtu.be/3vXfa1k1b0c>

Scholarships

Watch for new scholarships each week

- **The Pocatello Elks Lodge** will be supporting \$5000 in local scholarships this academic year. All applications are through the Elks National Foundation (ENF) Most Valuable Student (MVS) scholarship. This is a national competition and if any local student wins in the national competition, that will be amazing because those are all 4 year scholarships of at least \$1,000 per year. However, once students have gone through the national competition and not been chosen for an award, the local students will be routed to our lodge and considered for \$500 or \$1000 one time awards. All applicants must be graduating from high school this spring. Additionally, the ENF also has scholarships available for kids and grandkids of Elks who have been in good standing since 2018. Any Elks who have kids or grand kids graduating this year should have them apply through the legacy scholarship on the ENF page. To be eligible for the Poky Elks scholarships,, YOU MUST APPLY FOR THE MVS OR LEGACY SCHOLARSHIPS through ENF. Local applicants who are not chosen as national winners will be considered for local awards. Please see the link below for relevant information and feel free to contact Neil Tocher at tochneil@isu.edu with questions.??

<https://www.elks.org/scholars/>

- **2021 Prudential Spirit of Community Awards**



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Application Deadline: November 10, 2020

<https://spirit.prudential.com/>

- **Chairish Scholarship Program** awards \$5,000 in college scholarships to deserving students. Our Design Your Future scholarship is open to high school seniors of any major. Do you have a list on your district's website where we can share this with your students? We'd love to be able to award one of our scholarships to a senior at . See below for some more information about this award:

The Chairish 'Design Your Future' Scholarship (\$2,500)

- Open to graduating high school seniors of any major
- Students are asked to submit a 500-word essay designing their ideal future and their plans to achieve that dream
- Minimum 3.0/4.0 cumulative GPA required
- Students must be planning to enroll at an accredited 2-year, 4-year, or vocational/technical college or university in the U.S.

You can review full details on our site.

https://www.chairish.com/pages/scholarship?utm_source=SIFM_P1&utm_medium=SIFM_email&utm_campaign=SIFM

- **McCormick & Murphy Personal Injury Scholarship.**

This scholarship is available to all high school seniors and current college students who are planning on entering the law field. We understand how difficult it can be to pay for college and law school, and we want to help someone afford a better education

Here are some brief notes on this scholarship:

\$500 (One-time award)

Due April 30, 2021

Must be attending a 4-yr college/university or 2-yr community college for Fall 2021
Incomplete or late applications will not be accepted

You can view the scholarship and other pertinent information here:

<https://www.mccormickmurphy.com/#scholarship>

Questions? See Mrs. Newsom or Ms. Shryock in room 112.

Follow us: Facebook: PokyHigh CCA & Instagram: @PokyHighCCA